

A TINY COMIC  
**A KID'S GUIDE  
TO  
COVID-19**



**I'M SURE THAT YOU ARE HEARING ABOUT COVID-19 LATELY. ALL THE ADULTS ARE TALKING ABOUT IT. IT'S IN THE NEWS, ON THE INTERNET, AND MAYBE EVEN THE SCHOOL CAFETERIA.**

**(WHICH IS NOW PROBABLY YOUR KITCHEN)**





**COVID-19 MAY EVEN BE IN  
YOUR COMMUNITY.**

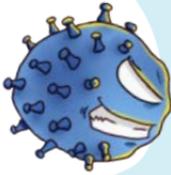




**WE ARE STILL LEARNING  
ABOUT THE VIRUS, BUT  
HERE IS WHAT WE KNOW  
SO FAR...**

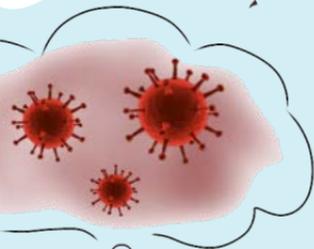
**THE NEW CORONAVIRUS  
CAUSES A DISEASE  
CALLED COVID-19.**

**IN THIS CORNER!  
THE FLU**

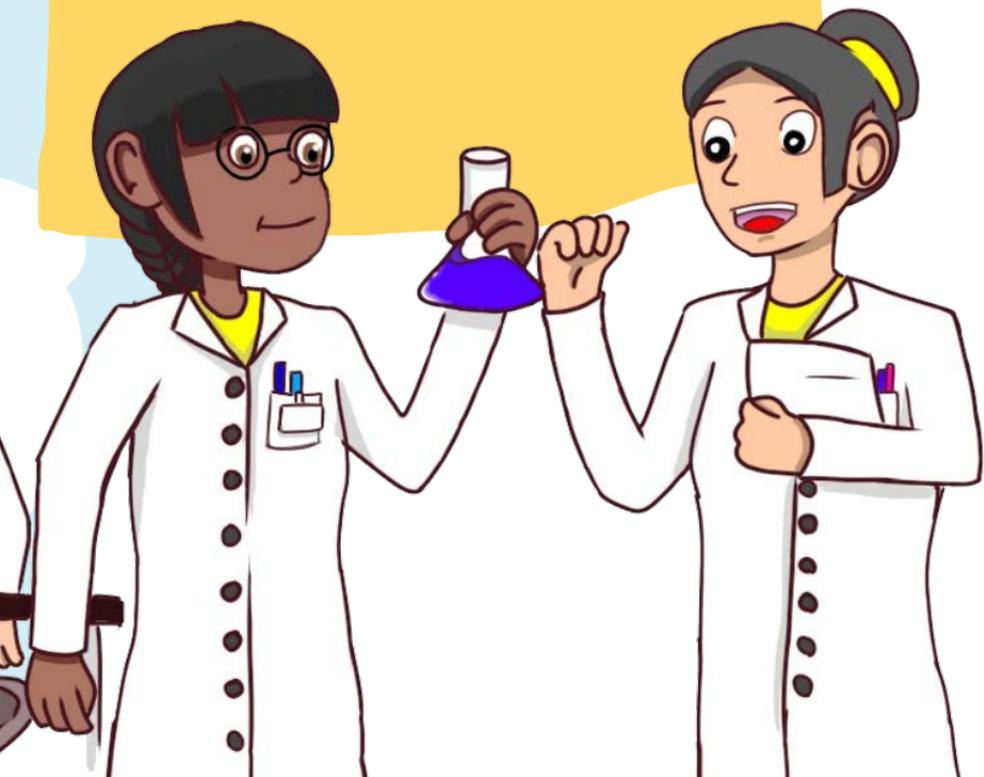


**AND OVER HERE...  
COVID-19**

**COVID-19 IS SIMILAR  
TO THE FLU. SINCE IT'S  
SO NEW, DOCTORS AND  
NURSES DON'T HAVE A  
CURE FOR IT YET.**



**THE GOOD NEWS IS THAT  
THE SMARTEST DOCTORS IN  
THE WORLD ARE WORKING  
HARD ON A VACCINE, BUT  
IN THE MEANTIME, WE ALL  
HAVE TO WORK TOGETHER.**

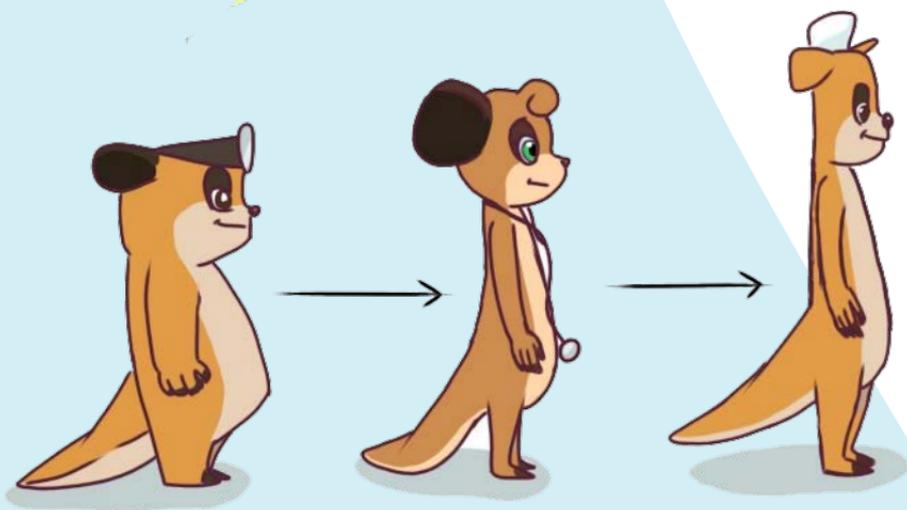


**COVID-19 SPREADS FROM PERSON TO PERSON, MOSTLY THROUGH COUGHING OR TOUCHING CONTAMINATED PEOPLE AND SURFACES.**

**WHEN A LOT OF PEOPLE ARE GATHERED TOGETHER IN ONE SPACE, IT'S EASIER FOR COVID-19 TO SPREAD, SO FOR NOW, WE WILL ALL BE SAFER IF WE PRACTICE SOCIAL DISTANCING.**



**SOCIAL DISTANCING MEANS THAT YOU TRY AND AVOID CROWDED PLACES AND KEEP A SAFE DISTANCE (6 FEET) FROM PEOPLE WHEN YOU ARE WALKING AROUND.**



**MOST PEOPLE WHO GET  
COVID-19 WILL BE TOTALLY  
FINE.**

**IN FACT, KIDS  
USUALLY JUST GET  
A FEVER, COUGH,  
AND A RUNNY NOSE  
AND THEN ARE  
BACK TO NORMAL.**



**OLDER PEOPLE, LIKE GRANDPARENTS, AND PEOPLE WITH HEALTH PROBLEMS ARE MORE AT RISK OF GETTING SERIOUSLY ILL. IT'S IMPORTANT TO MAKE SURE THESE PEOPLE DO NOT COME IN CONTACT WITH SOMEONE WHO HAS COVID-19.**



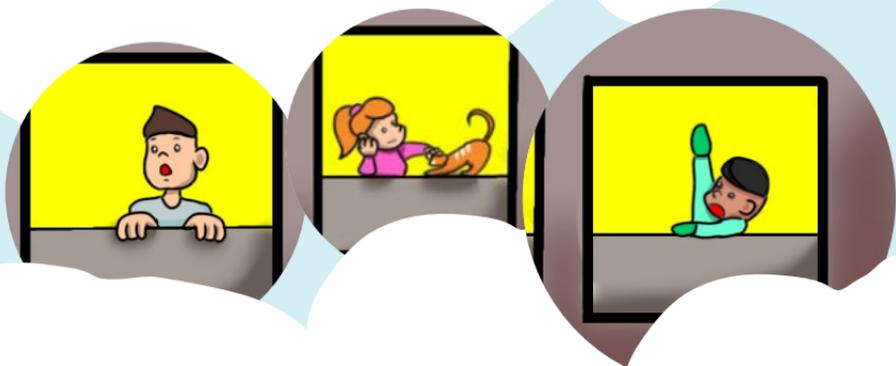
**IN EXTREME CASES, QUARANTINES OR SELF-ISOLATION MIGHT BE NECESSARY.**

**A QUARANTINE IS KIND OF LIKE A BUBBLE THAT'S TEMPORARILY PLACED OVER AN AREA TO KEEP PEOPLE FROM GETTING IN OR OUT.**



**WHEN SOMETHING DANGEROUS LIKE COVID-19 STARTS SPREADING QUICKLY, A QUARANTINE CAN HELP STOP THE SPREAD AND KEEP PEOPLE SAFE.**

**SELF-ISOLATION IS KIND OF LIKE A QUARANTINE BUT JUST FOR ONE PERSON. IF SOMEONE THINKS THEY HAVE COVID-19, THEY SHOULD CHOOSE TO STAY HOME AND AVOID CONTACT WITH OTHER PEOPLE FOR A FEW DAYS. THAT'S SELF-ISOLATION.**



**BUT DON'T WORRY, EVEN  
IN QUARANTINES AND  
SELF-ISOLATION, YOU CAN  
STILL READ BOOKS, WATCH TV,  
PLAY GAMES, AND DO TONS OF  
OTHER FUN THINGS.**





**WEAR FUN THINGS YOU NEVER  
GOT TO WEAR TO SCHOOL!**



**AND IT MIGHT SOUND  
CRAZY, BUT AFTER YOUR  
PARENTS ARE DONE  
WITH WORK - PLAY A  
GAME WITH THEM!**

**THE MOST COMMON SYMPTOMS OF COVID-19 ARE COUGHING, TROUBLE BREATHING, AND A FEVER, BUT MANY PEOPLE WHO HAVE THE VIRUS DON'T SHOW ANY SYMPTOMS AT ALL.**





**THIS IS WHY IT'S SO  
IMPORTANT TO BE EXTRA  
CAREFUL, ESPECIALLY  
WHEN YOU'RE AROUND  
OTHER PEOPLE.**

**THE THREE MOST IMPORTANT  
THINGS YOU CAN DO TO AVOID  
COVID-19:**



**1.**

**WASH YOUR HANDS OFTEN  
WASH WITH SOAP AND WATER  
FOR 20 SECONDS!**

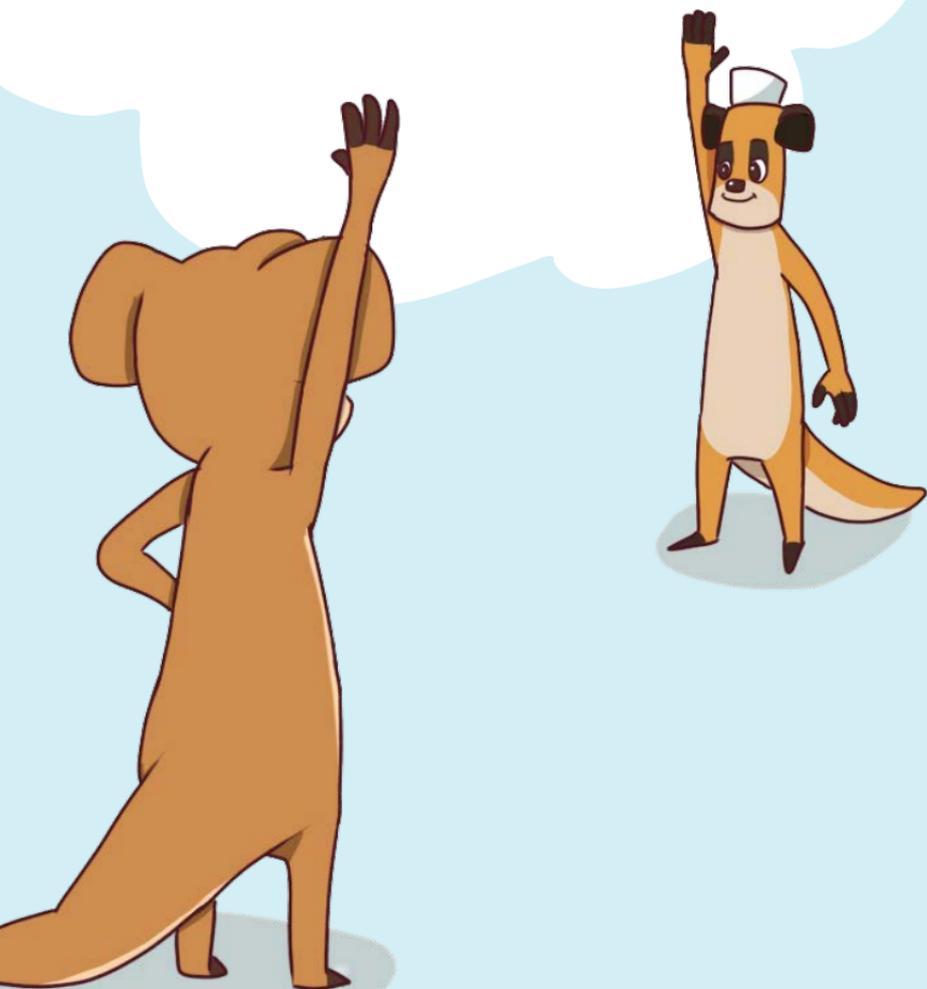
**2.**

**COVER YOUR MOUTH  
WHEN YOU COUGH  
TRY COUGHING INTO YOUR  
ELBOW LIKE DRACULA!**

**3.**

**TRY NOT TO TOUCH  
YOUR FACE.  
IT'S WEIRDLY HARD...  
TAKES PRACTICE**

**OH, AND AVOID HIGH FIVES. AIR  
HIGH FIVES ARE COOL THOUGH.**



**SO, DON'T FORGET. COVER  
YOUR MOUTH WHEN YOU COUGH  
OR SNEEZE AND BE KIND TO  
EVERYONE. KINDNESS ALONE  
WON'T KEEP THE VIRUS AWAY,  
BUT IT WILL HELP MAKE THE  
WORLD A BETTER PLACE.**

